

2 August 2024

Dear Parents,

I hope this letter finds you well. I am writing to provide you with an update on the activities our School Psychology Office over the past academic term. Our mission is to support the well-being and academic success of every student. We aim to offer a comprehensive array of psychological services, designed to address the diverse mental health needs of our students.

Student Support and Services

- Individual Counselling:** We have been providing one-on-one counselling sessions for students experiencing emotional, social, and behavioural challenges. This support has been instrumental in helping students develop coping strategies and improve their overall well-being while also building resiliency to help them navigate everyday challenges.
- Crisis Intervention:** Our office has been prepared to respond to emergencies and crises, offering immediate emotional support to students. We work closely with school staff to ensure a coordinated and effective response for both our day and hostel students.
- Assessment and Evaluation:** We conduct assessments to identify learning disabilities, behavioural issues, and other challenges that may impact students' academic performance. These evaluations help us create tailored interventions to support each student's unique needs.
- Academic Support:** We collaborate with teachers and parents to develop and implement strategies that enhance students' academic experiences. This includes creating individualized plans for students who require additional support.

Forward Planning:

Programs and Initiatives

In addition to direct services, we aim to develop several programs that will be aimed at promoting a positive school environment:

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"If it's important to the child, it's important to us."



