



## INTERNATIONAL SCHOOL OF SOUTH AFRICA COVID-19 BOARDING PLAN

### RETURN DATES:

Boarders to return from **30 August between 10h00-18h00.**

All local boarding students travelling by road/air will be met at Oliver Tambo airport 10.00 am upon receiving confirmed travel arrangements from Parents.

All Botswana students will be met at the Botswana border at 9.00 am

### RETURN OF BOARDERS

- Boarders to return on Sunday, **30<sup>th</sup> August 2020** for compulsory 10 day quarantine as stipulated by the Department of Health.
- Return time between **10h00-18h00 only**.
- Entrance (at Boarding Houses) to open at **10h00** only as there will be a controlled entrance for students.
- Tape to be placed outside on pavement with 1,5m spacing while the boarders' line-up to be checked before entering the Boarding Houses.
- All Hostel staff to be present on students' arrival at their respective Boarding Houses.
- Each student will be provided with the standard health questionnaire for screening purposes.
- The questionnaire must be completed, and students must have had their temperature taken at the screening station.
- Once questionnaire and temperatures have been checked, a laminated card must be given to the student to enter the Boarding House.
- When entering, the boarders must sanitize their hands.
- Boarders may then enter and unpack their bags in their respective rooms.
- All Hostel staff on duty must be present to assist with social distancing especially when students are excited to see each other.
- At 18h00 the Houseparent will address the students in small groups, no larger than 20 students in a well-ventilated area where social distancing is maintained. The Houseparent will brief students with regards to Covid-19 and the 'new normal' in the Boarding Houses. The key elements of the orientation should include:
  1. Sanitizing of hands at entry and exit points.
  2. Washing of hands regularly.
  3. Cough and sneeze etiquette.
  4. Social distancing.
  5. Self-Monitoring.
  6. Tutor on duty to ensure each student completes daily screening before school and to collect breaktime snack pack before leaving residence.

## **SHOWERING TIMES**

- Showering times will have to be flexible, allowing boarders to shower/clean in small groups throughout the late afternoon and evening and before breakfast from 05h30.
- Houseparents will draw up rosters and will allocate bathroom use and times accordingly. The roster will be posted on the noticeboard.

## **HEALTH AND SAFETY PROTOCOLS**

- Regular washing of hands will take place and this is a routine that will be enforced daily in the Hostels.
- Masks to be worn at all times in the residence and in public spaces once students leave the residence.
- Masks can only be removed when students are in their rooms.
- Social distancing must be practiced at all times.

## **HAND SANITIZERS AND SOAP DISPENSERS:**

- Hand sanitizers will be placed at strategic areas. Houseparents are to assist cleaning staff to report low/empty hand sanitizers and soap dispensers.

## **CLEANING AND SANITIZING OF BOARDING HOUSES, TOILETS, BATHROOMS, RECREATION ROOMS, DINING ROOMS AND KITCHEN:**

- All Boarding Houses have been deep-cleaned and sanitized using the required disinfectants.
- Cleaning staff have been carefully trained by OHS officer following the correct protocols and using the stipulated cleaning agents.
- Hand sanitizers will be placed in every bathroom and toilet for students to spray toilets and sinks before and after use.
- All facilities will be sanitized regularly by support staff.
- Cleaning staff will regularly disinfect and sanitize in all areas, hostel rooms doors, walls, dining spaces and study rooms.
- Houses will be fogged once a day by a fine chemical spray detergent in common areas used by everyone.

## **SOCIAL DISTANCING:**

- Implemented for boarding houses, dining room and common areas in boarding houses.
- Houseparents to be particularly vigilant in passages where students may congregate.
- Social distancing will be best practiced and applied as per norms and standards prescribed.
- Visiting of boarding houses by fellow students will not be allowed.
- Groups not larger than 10 students may meet at a time as agreed by Houseparents and social distancing and sanitizing will be practiced.
- Students will be allowed to congregate in common garden areas and playing fields applying social distancing protocols.
- Common areas will be restricted to limited numbers as prescribed by Houseparents.

### **CATERERS:**

- Fedics Catering services is governed by their own health and safety protocols related to catering in the foods and beverages industry. These protocols will be strictly adhered too.

### **MANAGEMENT OF MEDICAL CENTRE/QUARANTINE FACILITIES:**

- Will be guided by advice offered by the school sister, and the health protocols as defined by the Department of Health.

### **QUARANTINE FACILITY**

- Quarantine facilities will be a stand-alone Boarding house dedicated for quarantining purposes and this will be occupied by the school nurse.
- Students are to return to their respective Boarding houses on completion of the required isolation/quarantine.
- The Quarantine hostel is not the Medical Centre, the Medical Centre will be run as a separate facility.

### **PREVENTION OF SPREAD OF VIRUS**

- Prompt identification.
- Quarantining in allocated space.

### **MANAGEMENT OF BOARDING STUDENTS WITH SYMPTOMS.**

- Guided by the School Nurse.
- Follow protocol set out by Department of Health.
- Any student who feels ill will report to the Houseparent for assessment.
- He/she will be directed to the Medical Centre for assessment by our school nurse.

### **GUIDELINES FOR MONITORING STUDENTS.**

#### **Monitoring:**

- Regular checks will be made by Houseparents and Tutors to check for possible symptoms.
- Students will be encouraged to report to the House Parent if they develop any flu like symptoms.
- Students must report to their Houseparents immediately if they develop a fever.
- They will be referred to the School Nurse for immediate attention.

### **TEMPERATURE SCREENING AND SYMPTOMS IN THE BOARDING HOUSES:**

- The School Nurse will provide boarding staff with orientation for screening purposes.
  1. Houseparents and tutors will conduct screening daily in the residences before students attend school.
  2. If students display any mild symptoms, they will be asked to remain in their rooms for monitoring by the school nurse.
  3. If a student records a temperature of 38°C and above, they will be immediately referred to the school nurse for quarantine purposes and parents will be immediately contacted.



4. School nurse will advise for referral to a medical doctor.
5. If a student tests positive for COVID -19, the necessary protocols of self-isolation will apply.
6. Parents will be informed immediately and given a daily progress report.

#### **RETURNING TO BOARDING HOUSE AFTER RETURNING FROM ISOLATION:**

- A 'clearance certificate' is needed for a student to return to boarding from the school sister after returning from isolation if the student had tested positive.

#### **MANAGEMENT OF ANXIETY/STRESS OF STUDENTS.**

- Should be guided by a professional, namely a counsellor or clinical psychologist to advise on matters of stress or depression where necessary.
- Any student showing anxiety or distress are to be referred to the Houseparent who may refer the student for professional help.

#### **VULNERABLE STUDENTS:**

Students with Comorbidities must be carefully monitored and these are defined as follows:

- Chronic lung disease or asthma
- Congestive heart failure or coronary artery disease
- Neurologic conditions that weaken the ability to cough
- Weakened immune system
- Chemotherapy or radiation for cancer (currently or in recent past)
- Sickle cell anemia
- Chronic kidney disease requiring dialysis
- Cirrhosis of the liver
- Lack of spleen or a spleen that doesn't function correctly
- Uncontrolled chronic diseases
- Pregnancy

#### **STUDENTS PPE:**

- Wearing of Masks are compulsory in public spaces
- Washing of hands must be done regularly using soap to be provided in the bathrooms and toilets.

#### **MEALS (SERVED IN EACH HOSTEL'S DINING ROOM):**

- Hands will be washed and sanitized before entry into the dining areas in the hostels.
- Sanitizers will be strategically placed inside and outside of the dining area.
- **Breakfast** will be served at 06h30 am daily. Student groups to be identified and hostel staff on duty must be present to facilitate 2 sittings, depending on number of students as and when needed to promote social distancing.
  1. Sitting 1 at 06h30.
  2. Sitting 2 at 06h45.
- **Lunch** will be staggered as needed:



1. Sitting 1 at 13h40 – 14h00.
2. Sitting 2 at 14h00 – 14h20.

- **School Breaks:**

1. Currently present break time at previously designated areas will be cancelled, however boarders will receive juice, and a packed snack after breakfast to be taken with them to school and consumed at break time.
2. Open areas and fields will be allocated and used to assist with the reducing of numbers in the allocated areas for students to ensure easier social distancing.
3. Break time will run from 10h35 to 11h05.

- **Supper** will be staggered as needed:

1. Sitting 1 to be served at 17h30.
2. Sitting 2 to be served at 17h50.

### **STAFF ON DUTY:**

- Tutor/s on duty in the dining room overseeing meals must ensure that the correct protocols are followed at all times.
- House Staff must sit at least 1,5m away from colleagues and students in dining room.
- Wearing of masks are compulsory for staff on duty.

### **PROCEDURES TO CONTINUE LESSONS IN QAUANTINE**

- Face to Face learning will take place after completion of 10 day quarantine period.
- During the students' quarantine period, students will attend all lessons online and are to follow the normal school timetable.

### **SCHOOL PROTOCOLS WILL APPLY WHEN BOARDERS REPORT FOR SCHOOL**

See COVID-19 Plan for Returning Guidelines to School.

### **RECREATION**

Each Hostel to have separate recreation times in the outdoor spaces supervised by the Staff on duty.

### **VISITORS**

- **NO** visitors will be allowed into the Boarding Houses.
- **NO** take-out deliveries will be allowed in the Boarding Houses.
- **Only** Hostel staff are allowed inside the Boarding Houses and support staff will be allowed into the Boarding Houses at designated times.
- **NO** town exeats will be allowed for students to go to malls for shopping.
- **Parents**, will be allowed by arrangement to collect their children for visits away from the residence.

## ACCESS for SUPPORT STAFF

- All support staff may only enter the Boarding houses once students have left for school, following a screening procedure that will be conducted by the screening team.
- Thereafter they can proceed to work stations in the residence.

## EMERGENCY CONTACT NUMBERS

<b>Places</b>	<b>Contact Numbers</b>
<b>Water (Stanley)</b>	<b>082 662 3517</b>
<b>Police</b>	<b>018 397 3500/10111</b>
<b>Ambulance (Mahikeng Provincial Hospital)</b>	<b>018 383 3305/06</b>
<b>Ambulance Trauma Rescue</b>	<b>086 178 9911</b>
<b>EMR Ambulance Services (Mr Matlawe)</b>	<b>082 704 7077</b>
<b>Mahikeng Provincial Hospital</b>	<b>018 383 2005</b>
<b>Victoria Hospital</b>	<b>018 397 7300</b>
<b>Forensic Mortuary Bophelong</b>	<b>082 909 2309</b>
<b>Fire</b>	<b>018 392 3333</b>
<b>Medical Centre (Sister Badimo)</b>	<b>083 465 6833</b>
<b>Bruce Wells</b>	<b>079 018 0603</b>
<b>Phillip Nheera</b>	<b>083 400 7291</b>